

Useful health words and what they mean!

Appointments can be full of lots of confusing and new words. Here are some useful words for your health appointments.

Appointment

A time and date when you will meet with your doctor.

Confidential

Your doctor will always keep information about your appointment confidential, which means they will keep it secret. This is unless they think that you are at risk or a risk to someone else.

GP

GP is short for General Practitioner – a doctor who works in your local area and is trained to deal with the range of problems you might have.

Medication

Something your doctor will give you to help you feel better. It could be a cream, gel or tablet.

Nurse

A person who is trained to care for people who are unwell, they might take blood and give injections. They do slightly different jobs to doctors – so depending on what your health issue is, you might see the doctor or the nurse.

Prescription

A note written by your doctor which explains how your medicine should be taken and used.

Referral

Sometimes you might need to go and see someone who is an expert in a health condition. Your doctor might suggest you see them.

Side effects

The way medications might affect you that you are not expecting. For example, some medications might make you feel sleepy or sick. You might be told not to do certain things whilst on the medicine like driving.

Surgery / clinic

This is another name for your doctor's office. It is where you would normally go for your doctor's appointment.

Symptoms

The things that show you are not well – for example, a temperature, a swollen leg or a rash.

Treatment

The things that will help you feel better – this could be cream, gel, tablets or you may have to go for an operation.

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Everyone, including hearing people, finds it hard to understand what the doctor is saying sometimes. We hope this list will help you.



ndcs
every deaf child